



You can help!

In order to complete the construction of the main building approx. 200 000 EUR is needed. A two-storey building is planned with individual rooms, kitchen, dining room, bathrooms as well as a main shrine room and rooms for retreat. This will make it possible for the nuns to move in.

You can help to bring Kyabje Tenga Rinpoche's vision of a Benchen nunnery to fruition by donating any amount of money. You can either install one payment or send money on a monthly basis.

Your support is needed now!

Info & Contact

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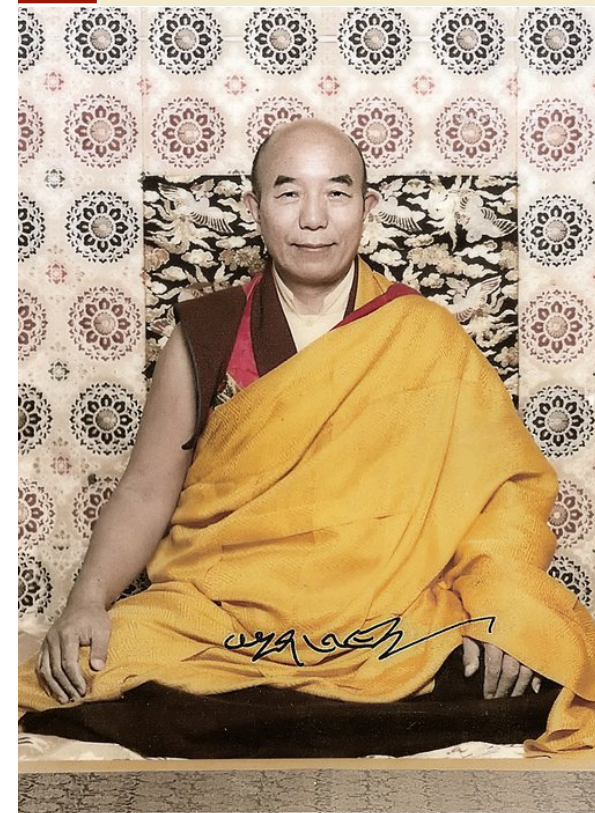
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Benchen Arya Tara Ling

Kyabje Tenga Rinpoche's vision of a
Benchen nunnery



Vision

Kyabje Tenga Rinpoche, one of the most renowned Tibetan Buddhist masters of our times, envisioned the establishment of a place for women to practice and study the Dharma in the Benchen tradition already in the 1990's.

Due to favourable circumstances Rinpoche finally managed to buy land with a shell building suiting this purpose in 2011, shortly before his Parinirvana.

The name for the nunnery Benchen Arya Tara Ling has been bestowed by Drubwang Sangye Nyenpa Rinpoche in Pharping in June 2012.

Now it's up to all of us to bring Rinpoche's vision to fruition.



“There will be great benefit for all sentient beings...”

- Kyabje Tenga Rinpoche about the Benchen nunnery

Kyabje Tenga Rinpoche's message

„Since long time I have been thinking to establish either a nunnery or a retreat center for nuns. But even though I had a strong wish it was impossible to fulfill it because there was no proper land to buy or the prices were much too high. At the end due to favourable circumstances and a private donation in 2011 a beautiful piece of land just next to the already existing Benchen Clear Light retreat center in Pharping has been purchased.

The location of the land and its size are very nice. There is a wonderful view on one side and there is no neighbour as it lies on the edge of a mountain, which is really perfect. Also, there is a shell building on the land already that can be turned into the nunnery. In addition, there is a possibility to extend the number of retreat houses there in the future.

Once we start building the nunnery this place will neither vanish nor it will be destroyed in the future. It will remain there forever. The nuns living there will engage in the

Dharma practice – there will be Tara practice in the morning, Mahakala practice in the afternoon, and individual practices in between the sessions. This place will be the right place to practice and study the Dharma.

Through these Dharma activities we are all going to accumulate great deal of merit that can be dedicated to your parents, your loved ones, and all sentient beings. This will be one of the best ways of accumulating merit. Through the power of the merit we will obtain great deal of temporary and ultimate benefits. At the end, this merit will be the cause of attaining enlightenment.

Many Tashi Deleks and see you soon!”

This message has been recorded 2011 by Kyabje Tenga Rinpoche and translated by Sherab Wangchuk.

May the benefit be for all!

